

# Daily Word of Life

October of 2018

01	Mon Gl 5,18 St.Teresa of the baby Jesus	<b>If, however, you are led by the Spirit, then you are not under the judgment of the Law.</b> "You were called to freedom." It is the announcement that Paul of Tarsus addresses to the Christians of the various communities of Galatia. An announcement echoing the words of Jesus when he said that he would make us "truly free." Freed from sin and its consequences.
02	Tue Ex 23, 20-23  Saint Guardain Angels	<b>My angel will go before you and lead you.</b> The sun's rays come from the same source, but they reach each person individually. Angels are like rays of God's love. It is a love that accompanies us and gives us the certainty that in God we are safe. It speaks to our soul and guides us inwardly when we are united to the Word of God. When we let ourselves be guided by love, we are guided by the angels of His goodness. It is a love that will one day lead us to Him, the first Love. <b>Let yourself be guided by the good.</b>
03	Wed Lc 9, 57-62  Martyrs of RN	<b>Announce the Kingdom of God without looking back.</b> Today's Word is invitation and alert. People, things, responsibilities, limits, etc. are not excuses to stop following the Good. Our vocation is to love. We can help many to rise from discouragement, vice and death, being apostles of Hope. Becomes happy who seeks to make the other happy. <b>Carry on taking the good.</b>
04	Wed Lc 10, 1-12  S.Francis of Assis	<b>Ask the Lord to send workers.</b> The land, the field of planting, the world is too big for us to work in a few. Many wait for a new life, for God's sake. He one day called Francis who accepted the call and took many to peace and to good. He called us, too. A request: could you offer God the difficulties, joys, prayers and actions of this day asking for vocations to our Work? Have you ever imagined that you can be the person God wants to send? <b>Trust in providence.</b>
05	Fri Lc 10, 13-16  St. Benedict	<b>Hear that voice.</b> "Wouldn't it be great to wake up and realize that everything around us has become more beautiful? The wife, the husband, the children, the relatives, the streets, the city ... would be unique. It is possible. There is a voice, which is Love, and which can steadily and sweetly guide us at every moment "(Chiara Lubich, Ideal and Light, 107). When we allow ourselves to be led by this voice, we are able to change our attitudes, embrace difficulties and rediscover the beauty of Love in ourselves and in others. <b>Listen to the inner voice.</b>
06	Sat Lc 10, 17-24  St. Bruno	<b>Seek wisdom in simplicity.</b> 'The letter kills, but the Spirit gives life' (2 Cor 3: 6). Those who search to know only words are killed by the letter, in order to be wiser among others and to acquire great richness ... And those religious who do not want to follow the spirit of the divine letter, but only search to know words and interpret them for others are killed by the letter. And are given life by the spirit of the divine letter, who do not attribute to themselves every letter they know and search to know. But by word and example they return it to the Most High Lord, the God of whom is all good. (St. Francis of Assisi, Adm. 7)
07	Sun	XXVII Sunday of Ordinary Time - <b>"Let not man therefore separate what God united."</b> (Mk 10: 2-16)
08	Mon Gl 5,18	<b>If, however, you are led by the Spirit, then you are not under the judgment of the Law.</b> We have a new law: "the law of Christ." It is written in our hearts, born within the person renewed by the love of Christ: a "Law of freedom." A law that, as a whole, donates the strength to be acted upon. We are free because we are led by the Spirit of Jesus who lives in us.
09	Tue Gl 1, 13-24	<b>Rebuild.</b> Paul, Francis of Assisi, Tereze of Jesus and many others had their lives marked by "reconstruction". Because of the Gospel, they became builders of good and unity. There are instruments such as hatred, fear, hurt, anger and judgment that cause destruction. For someone to "rebuild" must give up these instruments and, through forgiveness and concrete acts of love, write a new story. <b>Let's radiate a new life.</b>
10	Wed Lc 11, 1-4	<b>Lord, teach us to pray.</b> Sincere prayer is a dialogue full of love and confidence that raises the soul. Jesus did several prayers, recited psalms, read the scriptures, but gave us the "Our Father's" prayer as a model. The prayer of one who loves, especially in pain, becomes a supernatural impulse that unites all as brothers in the same Father. There is a loving and invisible presence that is always with us. <b>Let's Trust in Love.</b>
11	Thu Lc 11, 5-13 São João XXIII	<b>Ask, and it shall be given to you.</b> Love is insistent. It does not allow us to give up in facing difficulties and, because it is Good, it gives us the courage to "insist" and "bother." After the "Our Father" prayer, Jesus teaches us to ask for the Holy Spirit, Love. God is the love that elevates us in an authentic relationship with Him, with our brothers and with ourselves. <b>Persevere in love</b>
12	Fri Jo 2, 1-11  N. Senhora Aparecida	<b>Do whatever He tells you.</b> People who love each other and are real friends share the parties and the difficulties. When we love God it is so. Mary interceded. The answer he received seemed like a "no." But God, who gives himself entirely to the "hour" of the cross, is always "yes." If we love and trust in Him, we listen to what He says, and put it into practice. Mary believed. When we are obedient to the voice of the Son, we experience the transformation of a negative and tasteless life into a life of joy and fulfillment. The best is always He who does. <b>Let's hear that voice.</b>
13	Sat Gl 3, 22-29	<b>We are children of God.</b> "God has given me confidence in His mercy, that hope always has the last word in me, even in the moments when my weakness and incorrigible mediocrity have become clearer ... I cannot doubt for a moment, even though, strictly speaking, heaven has begun ... But if, by an absurdity, I feared to lose happy eternity, it would be a great consolation to know that the Angels ... will never stop singing the divine praises ... ". (Dom Helder Câmara, Circular No. 22 - Rome 1 / 2.10.1965 - Volume I, Volume III, page 74)
14	Sun	XXVIII Sunday of Ordinary Time - <b>"Sell all that you have and give it to the poor."</b> (Mark 10: 17-30)
15	Mon Gl 5,18 St. Terese of Jesus	<b>If, however, you are led by the Spirit, then you are not under the judgment of the Law.</b> The Holy Spirit is the Love of God, which penetrates us, transforms our heart, infuses its love with it and teaches us to act in love for love. It is love that moves us, which suggests us how to respond to situations and the choices we are called to make. It is the love that drives us to act seeking the good of the other.
16	Tue Gl 5, 1-6  St. Edwiges	<b>What counts is faith working through charity.</b> Paul makes an alert: the mark made on the flesh, the circumcision, is no guarantee of a new life or a life of faith. Our mark of faith must be charity. The lack of balance and love, lack of dialogue and legalism, among many things, take away both our freedom and the freedom of those who live with us. Those who are free seek on each occasion an opportunity to love. There is no freedom in evil, which is always slavery. But there is choice. We can choose good by doing good. <b>Practice charity.</b>
17	Wed Lc 11, 42-46 St. Ignatio of Antioquia	<b>Woe to you.</b> We would like to hear from Jesus only words of approval and encouragement. But what can He say to us when we do not love, when we are closed and selfish? He says, "Woe to you." He does not force us to love, for love is not obligation, but because he loves, he has the authority to correct us by the hardness of our heart. He who loves suffers before the closure of the other, and corrects. When we begin again, correction becomes victory. <b>Let's Change negative attitudes.</b>

18	Thu Lc 10, 1-9 St. Lucas Evangelista	<b>May peace be in this house.</b> We announce peace by generating Jesus in our midst through unity. Selfish gestures, heavy criticism, gossip, laziness, prejudice, arrogance and immorality are some attitudes that drive the peace out of our hearts and our coexistence. The unity, built in acts of love, attracts hearts, is a remedy for many diseases and the proclamation of the presence of God. <b>Lets radiate peace.</b>
19	Fri Lc 12, 1-7 St. Peter of Alcântara	<b>Do not be afraid.</b> It is not easy to find courage in facing certain threats that we face. How to live this Word? There is a supernatural love that accompanies us all the time and sustains us. This Love makes us discover that we are not "anything." We have a value that goes beyond our limits and our problems. "God loves us immensely." His love is our safety. <b>Lets have trust.</b>
20	Sat Ef 1, 15-23	<b>May he open his heart to the light.</b> Perhaps from this God you were given a serious and heavy life. We cannot choose a life to our liking ... We must accept ourselves as we are; but if we do this with true honesty, with courage, we accept God Himself. It is not God who subjects us to a desperate submission: He has perhaps established for us a long period of life in which we are forced to go forward with effort, but He always remains the God of eternal light. " (Karl Hahner, Ai Giovani Rispondo Così, p.71)
21	Sun	XXIX Sunday of Ordinary Time - <b>"Whoever wants to be great, be the servant."</b> (Mark 10: 35-45)
22	Mon Gl 5,18  S. João Paulo II	<b>If, however, you are led by the Spirit, then you are not under the judgment of the Law.</b> There is always a danger that something will prevent the Spirit from leading our hearts, our minds. We can resist his voice and his appeals to the point of "saddening" him, even of "erasing" his presence in us. Many times we prefer to follow our desires, our will to his. How are you going to let yourself be driven?
23	Tue Ef 2, 12-22  S. João de Capistrano	<b>We are of the Family of God.</b> In God's family people strive to love always. We are not anything but a family that has a beauty, an "identity", which is love. In him we discover the beauty of unity and realize that we have brothers throughout the world, of many races, nations, religions, convictions, children of one Father. With concrete acts let us seek today, in what depends on us, to destroy the walls of enmities and separations. To live in harmony is one of the signs of one who has discovered the beauty of one's soul. <b>Lets live in harmony.</b>
24	Wed Lc 12, 39-48  St. Antônio Maria Claret	<b>To whom much has been given, much will be asked.</b> This Word is an encouragement to those who have discovered that can be an instrument of Good in the midst of humanity. When we are faithful to God, we strive to offer others, in fidelity, the gifts we have. Love always opens new horizons. It relies on our personal giving and our creativity to reach out to many. Would you dare participate in a mission? The world becomes small for those who have discovered the value of eternity. <b>Witness the good in faithfulness.</b>
25	Thu Ef 3, 14-21 Sto. Antônio S. Galvão	<b>Create roots and foundations in love.</b> The roots of the trees and the foundations of the buildings must make their way through the hardness of the land. In a world hardened by the mastery of strength, knowledge, and wealth, we have the boldness to believe in Love. A superficial life, of appearances, sooner or later will collapse. Those who have discovered the potency that exists in every gesture of love and in every pain have discovered the secret of standing firm in facing life's challenges. Let's live each moment well. <b>Firm yourself in Love.</b>
26	Fri Ef 4,1-6	<b>Bear with patience and in love.</b> The stand is usually "underneath", sometimes hidden, so that something is standing. To support is to sustain. There is no life of love and unity without the willingness to support, support those with whom we live. How about reviewing the way we deal with those with whom we have difficulties? "Happy is the brother who can bear his neighbor, in proportion to his own weakness, in what he would like to be endured by him if he were in the same situation" (St. Francis of Assisi, Adm 18). <b>Lets live the reciprocal love</b>
27	Sat Ef 4, 7-16	<b>Driven by love.</b> "There are many roads to a relationship with God. Some emphasize penance, others prayer of the heart, several other methods of study or reading, and biblical meditation, and so on. We stand to love our neighbor as God loves us, and possibly to reciprocate to ensure the presence of Jesus in our midst with all its typical effects. This is our road. " (Pasquale Foresi, Coloqui, Domande e risposte ..., page 96)
28	Sun	XXX Sunday of Ordinary Time - <b>"Courage, rise up, Jesus calls you."</b> (Mark 10: 46-52)
29	Mon Gl 5,18 Beata Chiara Luce Badano	<b>If, however, you are led by the Spirit, then you are not under the judgment of the Law.</b> How then can we allow ourselves to be led by this voice that speaks within us? In other words, being free means becoming a slave to others, putting yourself at the service of one another. The inner voice (love) urges us to take an interest in those who are at our side, to listen, to give.
30	Tue Lc 13, 18-21	<b>Grow in love.</b> It was part of Jesus' day-to-day life to see people sowing the earth or preparing bread. Simple things marked his life and his teaching. We can learn a lot from the little things our day to day when we love. Serving, tidying up, cleaning, listening, answering, waiting are simple things that, when made to live the Word, change our lives. Hope can reach the ends of the earth in witness to the small acts of love we do today. <b>Lets spread love with simple things.</b>
31	Wed Lc 13, 22-30	<b>Strive to enter through the narrow door.</b> Sometimes we choose wide doors that lead us to "dead ends." There is a door, very narrow at first, but opens us to the immensity of eternity. The narrow door is the cross. It always comes into our lives and invites us in. In the pains, in the difficulties, we find the one who became pain and suffering so that in Him we would find eternal life. Let us enter the crosses of this day recognizing him in every pain. <b>Lets go beyond pain, in love.</b>

*These comments are prepared, normally, for the daily meditations of the young people of the Farm of Hope.*

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*\* The Word of Life of the Month can be found on the site: [www.focolare.org](http://www.focolare.org) (English)*